

CLEANSE & DETOXIFICATION

Bronwyn Melville, BA, Tcm.P, R.Ac.

Week
1

We are proud to announce a limited time offer to clean & purge toxins to aid in weight loss & promote a healthy immune system.

Included:

Thorne MediClear Plus® cleanse product

3 week program, including 4 personalized treatment sessions with Acupuncture and / or Cranio-sacral therapy

Meal planning guide with recipe section to encourage kitchen creativity

Continuous online support with Bronwyn via email for the 3 week cleanse period

Why?

Promotes weight loss

Aids digestion and supports your nervous and immune system

Acupuncture helps curb detox response that can often accompany cleansing (such as fatigue and headaches)

What to Expect:

Establish a safe & effective program to promote optimal health

Clearer skin

Higher energy levels and improved sleep

Settled nerves and comfortable digestion

\$79/week* (3 week program) +HST.
That's over \$130 in savings!

Sign up before July 6, 2011 and receive a **Bonus** Yoga Mat and a 1 month yoga/core fitness pass

*All or part of this package may be covered by your insurance policy

KickStart Your Summer...



Week 1



Week 2



Week 3

Week 1: Cleanse & Detoxification

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KickStart
Your Summer **11**