

CLEANSE & DETOXIFICATION

Bronwyn Melville, BA, Tcm.P, R.Ac.

Say goodbye to winter! Spring into the season refreshed and energized with our cleanse and detoxification package.

Included:

Thorne MediClear Plus® cleanse product

3 week program, including 4 personalized treatment sessions with Acupuncture and / or Cranio-sacral therapy

Meal planning guide with recipe section to encourage kitchen creativity

Continuous online support with Bronwyn via email for the 3 week cleanse period

Why?

Promotes weight loss

Aids digestion and supports your nervous and immune system

Acupuncture helps curb detox response that can often accompany cleansing (such as fatigue and headaches)

What to Expect:

Establish a safe & effective program to promote optimal health

Clearer skin

Higher energy levels and improved sleep

Settled nerves and comfortable digestion

\$79/week* (3 week program) +HST.
That's over \$130 in savings!

All or part of this package may be covered by your insurance policy

*Total cost of the 3 week program is \$237+HST

Spring Cleanse 2012

**Say Goodbye
to Winter!**

*Spring into the season
refreshed and energized*

**FEEL GREAT
LOOK GREAT**

*with our cleanse &
detoxification package*

This is a limited time offer – book before April 27th!

All or part of this package may be covered by your insurance policy

 **TotalTherapy.ca**
Rehabilitation & Wellness Centre

Spring '12