



**STAY COOL,
BE ACTIVE,
JOIN NOW**

**UNLIMITED
FITNESS CLASSES**
NOW UNTIL OCTOBER 1ST

\$49

**OUR BEST RATE EVER
ATTEND ALL 16 CLASSES
FOR \$3.00/CLASS!**

CLASS DATES AND TIMES:

NORTH BURNABY

YOGA-PILATES	SEPT. 10, 17, 24
WED. 8:00PM	OCT. 1
STRONG CORE	AUG. 11, 18, 25
MON. 7:30PM	SEPT. 8, 15, 22, 29

METROTOWN

STRONG CORE	AUG. 6, 13, 20, 27
WED. 7:30PM	SEPT 3, 10, 17, 24
	OCT. 1

PURCHASE NOW - BEFORE CLASSES FILL UP

 **TotalTherapy.ca**

North Burnaby
604.437.9355

Metrotown
604.620.9700