



First Visit Essentials, Direct Billing, Parking Tips, & More!

TOTALTHERAPY

Explore total wellness through our holistic approach, from physical rehab to mental health support. With Telehealth, direct billing, and specialty packages, our goal is to make your journey seamless.

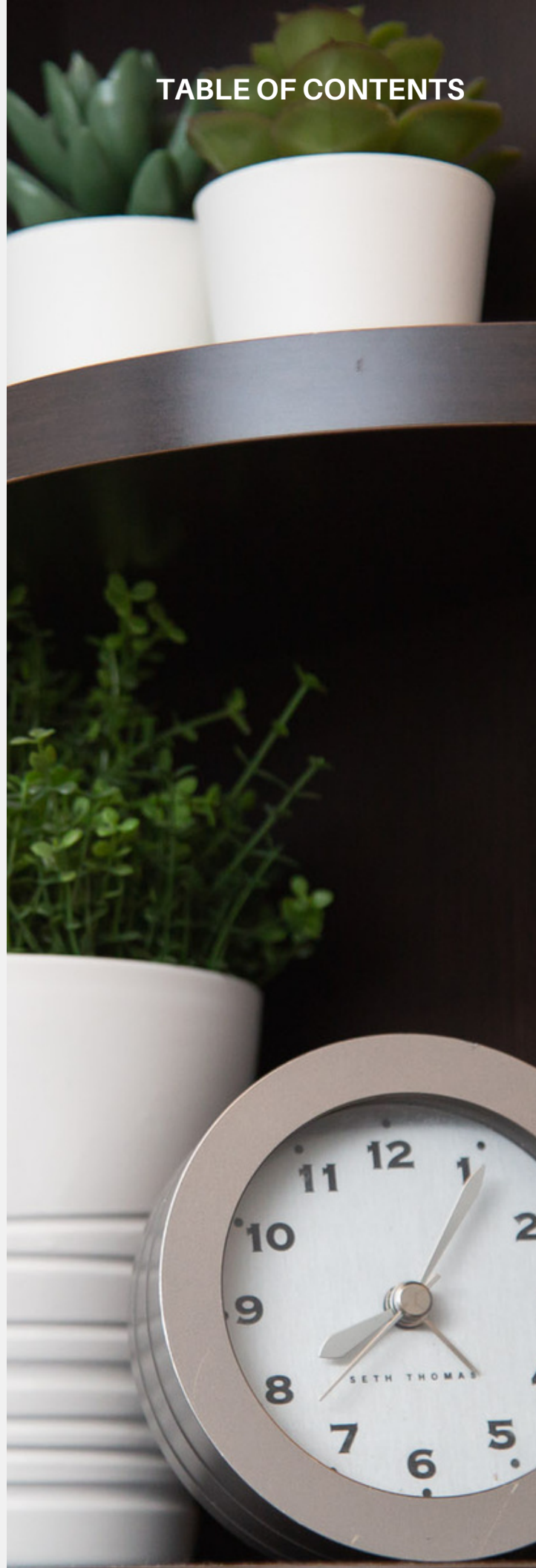
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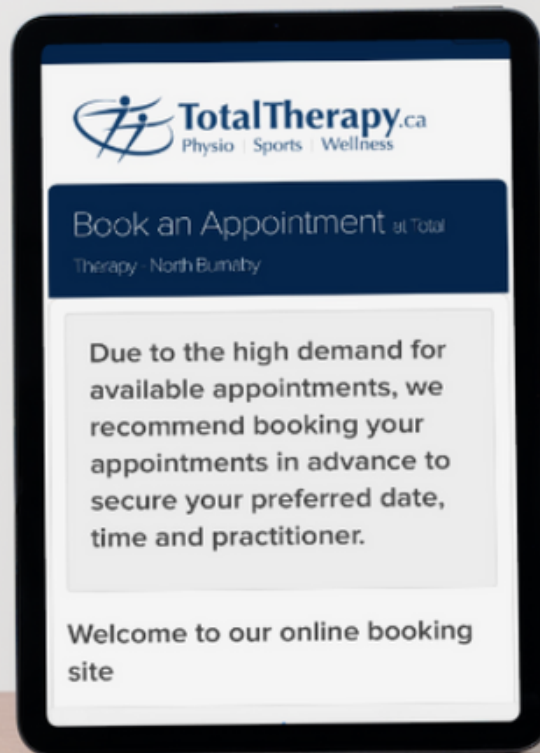
"Total Therapy exceeded my expectations. They provided excellent treatments tailored to my needs, leaving me feeling rejuvenated. The administrative team was incredibly welcoming and accommodating, making the experience even more enjoyable. I highly recommend. Thank you, Total Therapy!"

-Emma



YOUR FIRST VISIT

WHAT TO EXPECT



Arrival:

We kindly ask you to arrive 5-10 minutes early to complete any necessary paperwork (such as intake forms and direct billing authorization/consent).

What to Wear:

Dress comfortably and appropriately to ensure ease of movement. Please ensure that the area(s) requiring treatment are accessible to your practitioner (e.g., wear shorts for a knee injury).

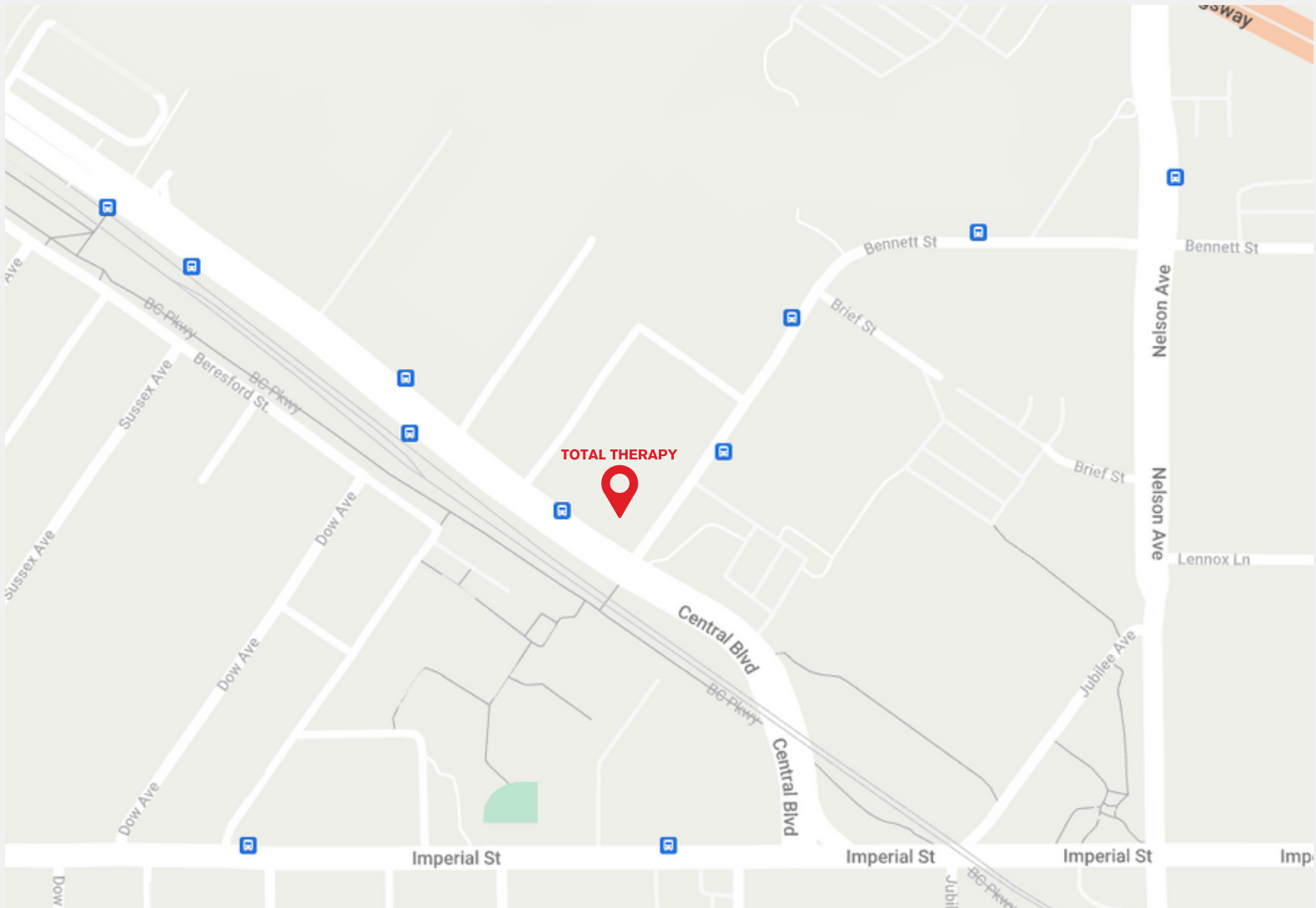
What to Bring:

Ensure you have your CareCard, photo ID, relevant medical documents, extended benefits card, and your preferred payment method with you. For clients covered under ICBC & WorkSafeBC, please have your claim number and doctor's referral ready if needed.

Cancellation Policy:

Out of consideration for other clients and our therapists, we request a minimum of 48 hours' notice for any changes or cancellations to appointments. Late cancellations or missed appointments will result in associated fees.

LOCATION & PARKING METROTOWN



Our free designated parking spots are conveniently located in the alley next to the clinic.

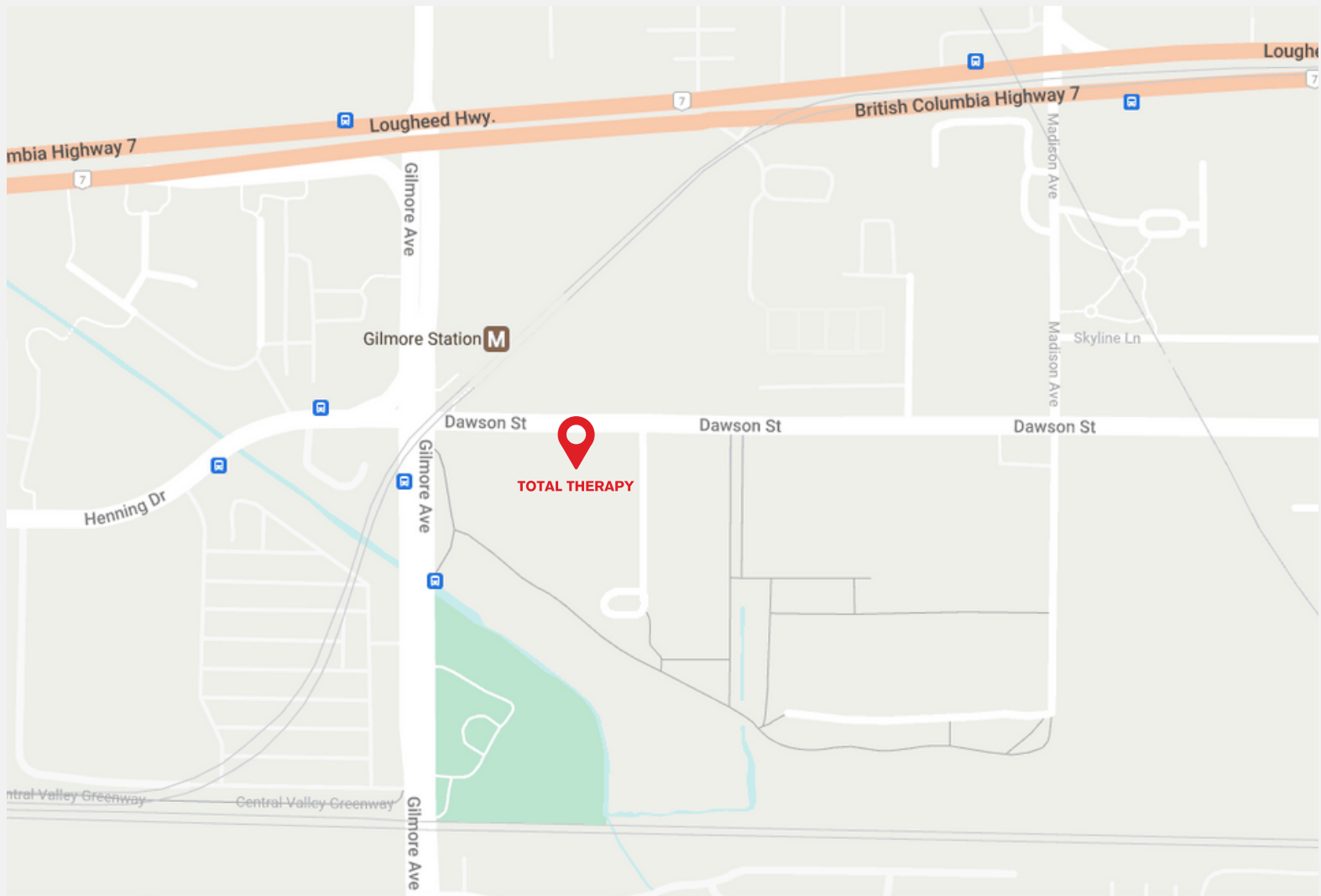
Heading East on Central Boulevard: Take a left into the alley just before reaching the clinic.

Heading West on Central Boulevard: Take a right into the alley just after passing the clinic.

The alley is right next to ZUBU Ramen. Once you're in the alley, you'll find our designated parking on the right-hand side.

4665 CENTRAL BLVD, BURNABY, B.C., V5H 4J5

LOCATION & PARKING NORTH BURNABY



Our free designated parking spots are conveniently located just behind the clinic.

Heading West on Dawson St: Take a left into the alley just before the clinic.

Heading East on Dawson St: Take a right into the alley just before the clinic.

After turning into the alley, simply take the first right into covered parking. All retail spots allow for free 2-hour parking.

4162 DAWSON ST, BURNABY, B.C, V5C 0A4



- ICBC
- WORKSAFE BC (WSBC)
- ALBERTA BLUE CROSS
- BENEFIT PLAN ADMINISTRATORS (BPA)
- CANADIAN CONSTRUCTION WORKERS UNION
- CANADA LIFE
- CHAMBER OF COMMERCE GROUP INS.
- CINUP
- CLAIMSECURE
- COUGHLIN & ASSOCIATES LTD.
- COWAN
- D.A. TOWNLEY
- DESJARDINS INS.
- EMPIRE LIFE
- EQUITABLE LIFE
- FIRST CANADIAN
- GMS CARRIER 49 & 50
- GREEN SHIELD CANADA
- GROUPEALTH
- GROUPSOURCE
- INDUSTRIAL ALLIANCE (IA)
- JOHNSON INC.
- JOHNSTON GROUP INC.
- LA CAPITALE INS & FINANCIAL SERVICES
- LIUNA LOCAL 183
- LIUNA LOCAL 506
- MANION
- MAXIMUM BENEFIT
- MEDIC CONSTRUCTION
- PACIFIC BLUE CROSS
- PEOPLE CORP.
- RWAM INS. ADMINISTRATORS
- SSQ
- TELUS ADJUDICARE
- UNION BENEFITS
- UV INS.

WE ARE PLEASED TO OFFER DIRECT BILLING TO THE ABOVE LISTED INSURERS

What we need from you:

- A valid Credit Card or Visa Debit on file
- Your insurance card featuring the policy number and member ID
- A valid piece of government-issued photo ID
- A doctor's referral, if required by your provider
- Signed Direct Billing authorization form (provided at time of first visit, please arrive 5-10 minutes early)

Total Therapy has a specialized Billings Team that processes all payments within 1-2 business days of your appointment. Once your payment is processed, your official receipt will be emailed to your email on file and can also be accessed through your online Total Therapy account any time.

SERVICES

DIRECT BILLING AVAILABLE*

ACUPUNCTURE*



CHIROPRACTIC*



CLINICAL COUNSELLING*



CONCUSSION CARE*



CUSTOM ORTHOTICS



FITNESS APPRAISAL TESTING*



SERVICES

DIRECT BILLING AVAILABLE*

HYDROTHERAPY



KINESIOLOGY (ACTIVE REHAB)



NATUROPATHIC MEDICINE*



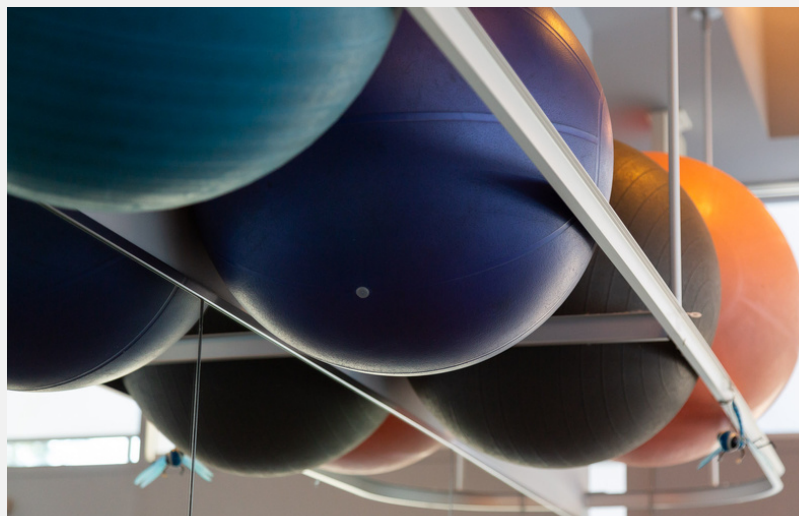
NON-REGISTERED MASSAGE THERAPY



PERSONAL TRAINING



PHYSIOTHERAPY*



SERVICES

DIRECT BILLING AVAILABLE*

PRE & POSTNATAL TRAINING*



REGISTERED MASSAGE THERAPY*



DIRECT BILLING



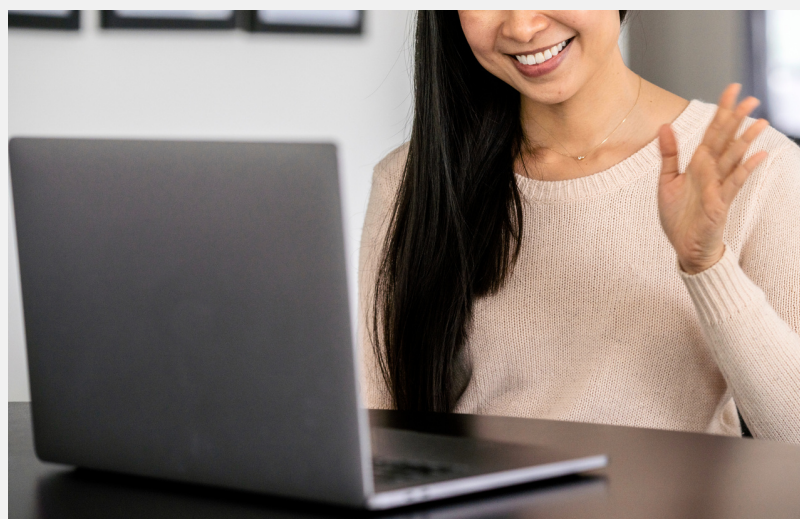
E-GIFT CARDS



PACKAGES



TELEHEALTH (VIRTUAL) SERVICES*



TOTAL THERAPY CENTRAL BLVD.



"Incredibly friendly, professional, and knowledgeable [practitioners]. Friendly front desk staff, really comfortable facility - I'm really glad I found this place, would highly recommend!"

-Jason



"I rarely leave reviews, but the service I received was excellent. [The practitioners] truly have a spirit of service and are experts in what they do. Many thanks to them."

-Hugo

TOTAL THERAPY DAWSON ST.



"Great place and great receptionist. My therapist is 100% dedicated to getting me back to a healthy body! Very happy with the service."

-Jason



"I've been going here for Chiropractic [Care], Physio, and Massage for five years now. Everyone is super friendly, caring, knowledgeable and helpful."

-Hazel

STAY CONNECTED: SUBSCRIBE & FOLLOW

Stay updated with the latest news, tips, and insights from Total Therapy. Connect with us on social media for updates, special offers, giveaways, and more! Join our community to stay connected and engaged in your wellness journey.



FOLLOW US



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WWW.TOTALTHERAPY.CA

